

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 30: Consumption of Meals Among California Adolescents (N=1,218)

Yesterday, did you eat or drink anything for breakfast?

Did you eat or drink anything for lunch yesterday?

Did you eat anything for dinner yesterday?

Yesterday, did you eat or drink anything between [specified meal] time and [specified meal] time?

	Meals Reported, Percent of Adolescents			
	Breakfast	Lunch	Dinner	Snacks ¹
Total	85.9	89.0	90.6	90.1
Gender				
Males	87.7	90.7	92.1	88.5
Females	84.0	87.2	88.9	91.8
Ethnicity				
White	88.6 **	89.9	95.7 ***	91.4
African American	82.7	82.5	91.6	93.8
Latino	82.2	89.6	85.4	89.0
Asian/Other	91.0	88.2	90.8	87.7
Gender by Age				
Males				
12-13	91.9 *	94.1 **	92.2	87.5
14-15	83.6	85.0	91.0	88.5
16-17	87.6	92.8	93.2	89.5
Females				
12-13	90.8 ***	90.0 **	91.5 **	92.3
14-15	85.8	91.0	91.9	91.6
16-17	75.1	80.4	83.2	91.4
Income				
<\$15,000	78.0 ***	78.2 *	80.6 ***	89.2
\$15,000 - \$24,999	80.2	86.8	83.7	91.7
\$25,000 - \$34,999	76.0	88.4	88.8	94.5
\$35,000 - \$49,999	86.8	85.2	96.8	91.8
\$50,000 - \$74,999	91.6	92.6	95.5	92.2
≥\$75,000	89.6	90.4	91.9	90.9
Food Stamp Status, % FPL				
Participant, ≤130%	83.1 ***	82.0 ***	90.3 ***	91.5
Likely Eligible, ≤130%	81.4	89.6	83.6	91.0
Potentially Eligible, 131-185%	76.1	81.6	87.2	86.3
Not Eligible, >185%	89.6	91.2	93.4	90.4
Smoking Status				
Non-Smokers	86.3	82.4	93.5	88.7
Smokers	77.4	89.3	90.4	90.2
Physical Activity Status				
Regular	88.6 ***	90.1 *	92.1 **	90.6
Irregular	78.6	86.1	86.3	88.8
Overweight Status				
Not at Risk	86.4	88.8	91.7	91.4 *
At Risk/Overweight	85.1	89.8	90.5	87.5

¹ Reported a snack at any occasion (Morning, Afternoon, or Evening).

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

***p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 31: Source of Lunches Reported by California Adolescents (N=1,084)

Where did you obtain lunch from?

	Type of Lunch Reported, Percent of Adolescents
Home	50.4
School Cafeteria	22.7
Fast Food	5.8
School Snack Bar	4.2
Other ¹	17.0

¹ Includes lunch from school store, friend, vending machine, fund raiser, convenience store, club, community center, and food cart, none of which were reported by more than three percent of adolescents.

Some numbers may not add to 100 percent due to rounding.

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 31a: Consumption of School and Home Lunch Among California Adolescents (N=1,084)

Where did you obtain lunch from?

	Type of Lunch Reported, Percent of Adolescents	
	Cafeteria	Home
Total	22.7	50.4
Gender		
Males	24.6	46.8 **
Females	20.8	54.7
Ethnicity		
White	17.9 ***	55.9 ***
African American	36.3	35.5
Latino	29.5	45.0
Asian/Other	10.8	59.0
Gender by Age		
Males		
12-13	25.0	56.8 ***
14-15	21.0	47.6
16-17	27.5	35.5
Females		
12-13	25.1	54.2
14-15	20.7	54.5
16-17	15.9	55.4
Income		
<\$15,000	33.7 ***	38.0 **
\$15,000 - \$24,999	35.2	41.2
\$25,000 - \$34,999	29.1	52.1
\$35,000 - \$49,999	38.7	42.6
\$50,000 - \$74,999	14.1	55.0
≥\$75,000	12.0	56.5
Food Stamp Status, % FPL		
Participant, ≤130%	27.2 ***	42.5 *
Likely Eligible, ≤130%	39.7	48.4
185%	28.9	47.6
Not Eligible, >185%	14.2	55.7
Smoking Status		
Non-Smokers	22.4	51.5 **
Smokers	32.5	28.3
Physical Activity Status		
Regular	20.8 **	51.5
Irregular	28.4	47.8
Overweight Status		
Not Overweight	19.8 ***	55.9 ***
Overweight/Obese	30.8	36.1

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 34: Prevalence of Eating at Fast Food Restaurants Among California Adolescents (N=1,219)

Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?

	Percent of Adolescents			Reported Ate Fast Food Yesterday
	Number of Meals and Snacks Eaten Yesterday at Fast Food Restaurants			
	0	1	2+	
Total	77.2	19.2	3.6	22.8
Gender				
Males	76.6	20.8	2.6	23.4
Females	77.9	17.4	4.6	22.1
Ethnicity				
White	78.3	20.2	1.4	21.7
African American	66.4	29.4	4.2	33.6
Latino	75.8	20.5	3.7	24.2
Asian/Other	84.1	7.1	8.8	15.9
Gender by Age				
Males				
12-13	81.7	16.4	1.9	18.3
14-15	75.7	20.8	3.4	24.3
16-17	72.2	25.1	2.7	27.8
Females				
12-13	79.8	16.6	3.6	20.2
14-15	83.2	13.8	3.0	16.8
16-17	70.7	22.0	7.3	29.3
Income				
<\$15,000	75.8	22.3	1.9	24.2
\$15,000 - \$24,999	71.5	21.0	7.5	28.5
\$25,000 - \$34,999	86.9	12.6	0.5	13.1
\$35,000 - \$49,999	59.2	38.0	2.8	40.8
\$50,000 - \$74,999	82.2	15.4	2.4	17.8
≥\$75,000	78.6	16.5	4.9	21.4
Food Stamp Status, % FPL				
Participant, ≤130%	75.4	20.9	3.6	24.6
Likely Eligible, ≤130%	77.3	18.2	4.4	22.7
Potentially Eligible, 131-185%	65.9	31.4	2.7	34.1
Not Eligible, >185%	79.1	17.4	3.6	20.9
Smoking Status				
Non-Smokers	78.3	18.5	3.2	46.8
Smokers	53.2	34.0	12.9	21.7
Physical Activity Status				
Regular	77.6	19.4	3.1	22.4
Irregular	76.4	18.6	5.0	23.6
Overweight Status				
Not at Risk	79.4	17.3	3.3	20.6
At Risk/Overweight	70.7	25.1	4.2	29.3

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 34c: Typical Weekly Frequency of Eating at Fast Food Restaurants Among California Adolescents (N=1,225)

In a typical week, how many times do you eat a meal or snack from a fast food restaurant?

	Number of Times Ate at Fast Food Restaurants Per Week, Percent of Adolescents	
	0-1 times	2+ times
Total	66.3	33.7
Gender		
Males	65.1	34.9
Females	67.6	32.4
Ethnicity		
White	70.4	29.6
African American	49.2	50.8
Latino	65.7	34.3
Asian/Other	66.2	33.8
Gender by Age		
Males		
12-13	64.7	35.3
14-15	66.8	33.2
16-17	64.0	36.0
Females		
12-13	76.8	23.2
14-15	69.1	30.9
16-17	56.4	43.6
Income		
<\$15,000	67.3	32.7
\$15,000 - \$24,999	67.6	32.4
\$25,000 - \$34,999	67.1	32.9
\$35,000 - \$49,999	52.6	47.4
\$50,000 - \$74,999	67.8	32.2
≥\$75,000	68.8	31.2
Food Stamp Status, % FPL		
Participant, ≤130%	59.6	40.4
Likely Eligible, ≤130%	71.2	28.8
Potentially Eligible, 131-185%	60.7	39.3
Not Eligible, >185%	68.8	31.2
Smoking Status		
Non-Smokers	66.8	33.2
Smokers	56.8	43.2
Physical Activity Status		
Regular	66.5	33.5
Irregular	66.0	34.0
Overweight Status		
Not Overweight	67.6	32.4
Overweight/Obese	61.0	39.0

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 34d: Mean Number of Times Per Week California Adolescents
Reported Eating at Fast Food Restaurants (N=1,224)**

Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, Subway?

	Mean Number of Times Ate at Fast Food Restaurants Per Week	
Total	1.3	
Gender		
Males	1.4	
Females	1.3	
Ethnicity		
White	1.2 ^a	***
African American	1.8 ^b	
Latino	1.4 ^a	
Asian/Other	1.3 ^a	
Gender by Age		
Males		
12-13	1.4	
14-15	1.2	
16-17	1.5	
Females		
12-13	1.1 ^a	**
14-15	1.3 ^{ab}	
16-17	1.5 ^b	
Income		
<\$15,000	1.4	
\$15,000 - \$24,999	1.3	
\$25,000 - \$34,999	1.3	
\$35,000 - \$49,999	1.5	
\$50,000 - \$74,999	1.2	
≥\$75,000	1.3	
Food Stamp Status, % FPL		
Participant, ≤130%	1.4	
Likely Eligible, ≤130%	1.3	
Potentially Eligible, 131-185%	1.4	
Not Eligible, >185%	1.3	
Smoking Status		
Non-Smokers	1.3	*
Smokers	1.7	
Physical Activity Status		
Regular	1.3	
Irregular	1.4	
Overweight Status		
Not Overweight	1.3	*
Overweight/Obese	1.5	

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (modified version of Tukey's Standardized Range Test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001

2006 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 34e: Prevalence of Fast Food Restaurants at School Among California Adolescents (N=912)

Does your school serve food from fast food restaurants link Burger King, McDonald's, or Taco Bell every day?

	Reported Having Fast Food Restaurants Served at School, Percent of Adolescents
Total	23.1
Gender	
Males	20.1 *
Females	26.2
Ethnicity	
White	23.0 ***
African American	8.2
Latino	22.6
Asian/Other	32.6
Gender by Age	
Males	
12-13	17.0
14-15	18.0
16-17	24.8
Females	
12-13	17.2 ***
14-15	20.5
16-17	41.0
Income	
<\$15,000	21.6 *
\$15,000 - \$24,999	17.7
\$25,000 - \$34,999	15.7
\$35,000 - \$49,999	17.1
\$50,000 - \$74,999	32.9
≥\$75,000	26.7
Food Stamp Status, % FPL	
Participant, ≤130%	20.7 **
Likely Eligible, ≤130%	15.4
Potentially Eligible, 131-185%	24.4
Not Eligible, >185%	27.4
Smoking Status	
Non-Smokers	22.7
Smokers	30.9
Physical Activity Status	
Regular	21.6
Irregular	27.3
Overweight Status	
Not Overweight	21.0 *
Overweight/Obese	28.1

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001